

Characters – Physical

Hair Colour	
Black	Raven, ebony, jet black, charcoal
Grey	Salt & pepper, silver
Brown	Chestnut, chocolate, ash, caramel, golden, auburn
Blonde	Honey, platinum, dirty blonde, golden, bleached, sandy
Red	Strawberry blonde, ginger, cherry, orange, copper, rust
Hair Detail	
Texture	Bushy, coarse, dense, downy, fine, fluffy, heavy, light, limp, loose, lush, luxurious, poufy, shaggy, silky, sleek, slick, soft, springy, thick, thin, tight, wiry, wispy
Look	Bed head, big / full, brushed, bouncy, dull, flowing, glossy, greasy, hat hair, knotted, lack lustre, messy, oily, ruffled, sheen, shiny, split ends, straggly, tangled, tousled, voluminous, wild, windswept
Styles	Bald, bob, bowl cut, buzz cut, clipper cut, crew cut, blunt cut, bun, choppy, comber, combed, worn down, face framing, fringe, feathered, flipped, gelled, hairspray, layered, mullet, parted, pig tails, pomaded, ponytail, spiky, teased, pageboy, pixie, up do, upswept

Eye Colour and Detail (all can be flecked)	
Brown	Amber, chestnut, chocolate, cognac, honey, hazel (light & dark)
Green	Emerald, forest, jade, sea green, olive
Blue	Baby blue, cornflower, ice, sapphire, sky
Grey	Cool, silver, steel blue
Eye Shapes	Round, almond, hooded, protruding, upturned, downturned, close set, wide-set, thin, droopy
Other Physical	
Complexion	Bloodless, bronzed, ivory, florid, grey, jaundiced, rose, high colour, fawn, pallid, pasty, tan, hazel, rosy, bronze, rubicon, ruddy, sallow, teal, mahogany, ebony, tawny, swarthy, tanned, alabaster, sienna, porcelain, olive, ochre, leathery, wrinkled, oily, pimply, pock marked, freckled
Distinguising features	Dirty / chewed fingernails, chipped nail polish, chipped tooth, beard, moustache, gap in teeth, tattoo, scar, dark under eye circles, chapped lips, crooked teeth, unruly / plucked eye brows, dimples, birthmark, broken / crooked nose, discoloured teeth, prominent veins, hairs on chin, wears glasses

Characters – Physical

Appearance – is your character?	
Tall	Lanky, leggy, towering, statuesque, imposing, ginormous, beanstalk, rangy, gangling
Short	Diminutive, clumpy, little, petite, pint-sized, small, squat, tiny
Fat	Chubby, corpulent, flabby, heavy, hefty, obese, overweight, paunchy, plump, podgy, portly, pot-bellied, stout, tubby, weighty
Thin	Bony, emaciated, gaunt, lanky, lean, scraggy, scrawny, skeletal, skinny, spare, spindly, waif-like
Slim	Dainty, elfin, lithe, slender, slight, svelte, trim, sylph-like, willowy
Curvy	Bosomy, busty, buxom, curvaceous, shapely, voluptuous
Strong	Athletic, beefy, brawny, broad-shouldered, burly, hulking, muscular, powerful, sinewy, stocky, strapping, sturdy, thick-set, well-built, wiry
Weak	Anaemic, delicate, feeble, fragile, frail, puny, sickly, weedy, wimpish
Upright	Erect, straight-backed, unbending
Hunched	Bent, stooped, bowed, crooked, drooping, slouching
Young	Boyish, girlish, youthful, juvenile, child-like, adolescent
Old	Aged, elderly, mature, grizzled, dodderly, long-in-the-tooth, over-the-hill, past their prime, decrepit

Appearance - continued	
Graceful	Agile, dignified, elegant, lithe, poised, nimble, lissom, balletic, spry, supple, light-footed
Clumsy	Awkward, blundering, bumbling, gangling, gauche, gawky, lumbering, ungainly, shambling, uncoordinated
Smart	Dapper, neat, spruce, tidy, well-dressed, well-groomed, sophisticated, natty, dolled-up,
Messy	Bedraggled, dishevelled, scruffy, shabby, tatty, unkempt, untidy
Fashionable	Chic, trendy, smart, stylish, up-to-date, cool, hip, sassy, high-class, on-fleek, fly, designer, groovy
Unfashionable	Dowdy, old-fashioned, dated, frumpy, outdated, passe, old-hat, square, old-fangled, behind-the-times
Sophisticated	Classy, debonair, elegant, glamorous, refined, suave
Unsophisticated	Naïve, unworldly, artless, green, child-like, unpretentious, gauche, parochial, callow, unaffected
What do they sound like?	
Voice	Strident, thick, throaty, sing-song, smoky, stentorian, toneless, wheezy, ringing, shrill, taut, tight, thin, small, softly-spoken, strangled, tremulous, wobbly, raucous, rough, silvery

Characters – Personal

What does your character do?	
Do they	Constantly apologise, ask lots of questions, chew hair or nails, display obsessive behaviour as in OCD, fiddle with jewellery, doodle, crack knuckles / fingers, pick at scabs, have an irrational fear e.g. spiders, pick at their food, wolf their food, constantly look in the mirror, sniff, scratch a lot, pick their nose
Are they	Generous, inconsiderate, thoughtful, penny pinching, wasteful, judgemental, sarcastic, boastful, defensive, forthright, retiring, humble, loquacious, restrained, deferential, aggressive, extroverted, introverted, kind, loving, happy, giddy, solemn
Are they a smoker?	
Think about	Smokers often have rituals around their smoking, they carry smoking paraphernalia and for example may be skilled in rolling a cigarette. They may smell of tobacco, have stained fingers, hold cigarettes in a certain way, have drawn lines around their mouths.
Do they wear glasses?	
Think about	Glasses often get fogged up when you drink something hot, or open the oven door, change environments. They get smudged easily and need constant cleaning, or maybe your character doesn't bother and their glasses continually look dirty. Glasses often need pushing back up the nose and your character may do this with their hand, or a shoulder, or by wrinkling their nose. Glasses get knocked askew, and they fall off. They get dragged off when undressing / dressing. They can get hairs tangled in them. Rain is just annoying.

Do they have a disability?	
Remember	Disabilities can be seen and unseen. They may have a visual impairment, or be deaf or hard of hearing. They may have mental health condition or an intellectual disability. They may have an acquired brain injury or be on the autistic spectrum. They may also have a physical disability. Disabilities can change the way people behave, what they say, how they react to situations.
Or a medical condition?	
Think	Think about the way these might affect a character. Are they asthmatic for example? Do they have a heart condition, cancer? Are they allergic to anything? Do they need regular medication, e.g for diabetes?
They could also	Be colour blind, have synaesthesia, or aphasia
Likes / dislikes	
Think	Politics, music, food, hobbies, animals, phobias, prejudices etc
Common hobbies / activities	
Your character might enjoy	Acting / amateur dramatics, archeology, genealogy, art / architecture, astronomy, astrology, arts and crafts, backpacking / walking / rambling, being in a band, sport of any kind (netball, football, swimming, running, dance, darts, yoga, fishing, golf, cycling, tennis...), birdwatching, camping, cars, playing cards, chess, collecting something, gambling, gardening, knitting / dressmaking / sewing / embroider, photography, reading, singing, watching TV, playing video games, cooking / baking, or writing!